



# BIST GRADSchool 2018

## Residential Course, 4 - 6 July

A VITAE flagship training and development programme for doctoral researchers running for over 40 years. [www.vitae.ac.uk/gradschool](http://www.vitae.ac.uk/gradschool)

**“A highly interactive, demanding and mentally stimulating course which blew me away, shattering all my expectations”** previous participant

### What are GRADSchools?

GRADSchools are three day practical learning and development programmes which enable researchers to reflect upon and develop their skills as doctoral researchers. Often described as ‘life changing’, alumni form long lasting networks. Over the last 10 years over 2000 doctoral researchers have participated and many have returned as mentors or tutors, to inspire and support researchers on their career journeys.

The programme enables researchers to develop skills that can be applied in their current research and the next steps of their careers.



*“Every PhD student should do this course. Very impressive all round.”*

### Benefits for researchers

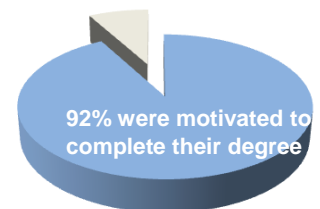
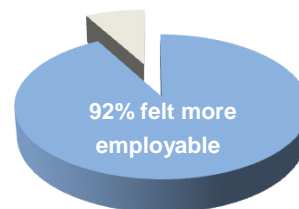
GRADSchool participation enables you to:

- develop professional and personal effectiveness
- make a positive impact on career planning and management
- enhance self-awareness, engage with others and challenge assumptions
- broaden a range of skills for becoming a more effective researcher including communication, team working, project management, decision-making, negotiating, creativity and much more!
- meet doctoral researchers from a variety of disciplines, backgrounds, countries, and career stages
- work with a range of experienced tutors as role models who openly share their career experiences both of research and other careers



*“I feel this is a pivotal point in my life - I now have the self-confidence and skills to hopefully shape my life”*

GRADSchools take an experiential approach which means that for the most part researchers are actively participating in the sessions and activities.



*“The sense of genuine achievement was very tangible. I can honestly say that the course has changed my attitude to work, research and colleagues quite fundamentally”*

