



Barcelona Institute of  
Science and Technology

**BIST Career Development Workshop:**

# Self-analysis and making career choices

September 30th, 2019 (10.00–16.00)

BIST premises

This workshop is a useful starting point for those who are considering their next career move. Designed specifically for **PhD Students** and **postdoctoral researchers**, the workshop aims at helping raise awareness of your skills, interests and values and to link this information to the process of career decision making. You will have the opportunity to identify your strengths, examine the job market and employer requirements in a range of sectors and formulate a strategy for your own personal and professional development.

By the end of the day you should feel more empowered and self-reliant to make decisions relating to your career. The workshop includes a presentation, interactive exercises and self-reflection and is conducted in a confidential learning environment.

Tutor: Sarah Blackford, PhD Career Consultant

[biosciencecareers.org](http://biosciencecareers.org)

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